Step 6

Tool 5: Working with school nurses to support young carers and their families

Working with school nurses

School nurses are ideally positioned to play a pivotal role in identifying young carers and addressing their needs.

They can help reduce the negative impact of caring on the health and wellbeing of young carers by:

- Enabling young carers to receive timely, age appropriate information.
- Spotting and addressing any emerging health needs.
- Ensuring that young carers are accessing appropriate health services and other support.
- It is important that the Young Carers' School Operational Lead establishes links with their school nurse to ensure:
  - The appropriate sharing of information so that young carers only need to tell their story once.
  - The effective delivery of support to meet young carers' needs.

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