



**CARERS
TRUST**



**The
Children's
Society**

Do you have pupils that are...

- **Absent from lessons**
- **Struggle to take part in after school activities or trips**
- **Late with homework**
- **Tired or distracted**
- **Concerned about keeping their phone on, or staying in touch with a family member during school hours**

They might be a young carer or young adult carer - young people who look after someone in their family or a friend who is ill, disabled, or has a mental health problem or an addiction.

If you suspect a pupil may be a young or young adult carer, talk to your Young Carers School Operational lead or contact your local carers service:



40%

said they **'never'** or do **'not often'** have someone at school to talk to about being a young carer or young adult carer

“I have witnessed young carers grow from strength to strength once they are identified and support is in place”

A Young Carers Operational Lead